



PIC SIX SPORTS

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Pic Six Sport League Policy's

1. Safety Policies:

Health and Wellness:

- **Warm-Up and Cool-Down:** Coaches will implement and enforce a structured warm-up and cool-down routine at every practice and game to prevent injuries.
- **Hydration:** Coaches will monitor and encourage regular hydration breaks, especially during hot weather, to prevent dehydration.
- **Emergency Plan:** Each team will have an emergency action plan in place, including procedures for contacting emergency services and handling medical emergencies during practices and games. Form is available on leagues website under resources.

Equipment Required for Game Play and Recommended for Practice:

Mouth Guards:

- All players must wear a mouth guard during games and practices for safety.

Soft Helmets:

- While not mandatory, we recommend using the Gamebreaker Soft Helmet for added protection. Any manufactured soft helmet is acceptable if you choose to use one.

Football Cleats:

- Players must wear football cleats. **Metal cleats are not allowed.**

Flags and Uniforms:

- Flags and uniforms are required for games and will be provided by the league.

2. Participation Policies:

Eligibility:

- The 2024-2025 age cutoff date is August 1, 2024. That means whatever age your player is on Aug 1, 2024, will be the age group that you play in.

Attendance:

- Players are expected to attend all scheduled practices and games. Regular attendance is crucial for personal development and team cohesion.

Notification of Absence:

- If a player is unable to attend a practice or game, a parent or guardian must notify the coach or team manager at least 24 hours in advance, whenever possible.
- For last-minute absences due to unforeseen circumstances, the coach should be informed as soon as possible.

3. Competitive Policies:

- **Rules of Play:** For detailed information on game rules and scoring, please refer to the Pic Six Sports Rule Book, available in the Resources tab on our website: picsixsports.com.
- **Fair Play:** All games will be played according to the official league rules. Coaches, players, and officials are responsible for understanding and adhering to these rules.

Team Selection

Coach Selection:

- Each team may have up to two player requests or coach requests, but not both combined. These requests do not include the coach's own child.

Roster Assignment:

- The remaining roster spots will be filled randomly by the league administration to ensure fair and balanced team distribution.

Player Requests:

- Any special player requests (such as requests to be placed on the same team as a friend) must be submitted before the late registration deadline.
- Requests made after this deadline will require approval from the league director.

4. **Parent and Coach Involvement:**

- **Parent Code of Conduct:** Show respect to coaches, officials, players, and other parents. Avoid sideline coaching and disruptive behavior. Please refer to leagues code of conduct for more information.
- **Coach Qualifications:** No prior experience is needed to coach a team. However, a background check must be completed and approved before you can begin coaching.

5. **Discipline Policies:**

- **Consequences for Violations:** Violations of the Pic Six Sports League Code of Conduct and Policy's will not be tolerated and may result in disciplinary action. This includes a range of consequences from warnings to potential removal from the league. All participants are expected to adhere to the Code of Conduct and League Policy's to ensure a respectful and positive environment.

6. **Privacy and Data Protection:**

- **Confidentiality:** All personal and sensitive information related to players, coaches, and league operations will be treated with the utmost confidentiality. Access to this information is restricted to authorized personnel only and will not be disclosed without proper consent, except as required by law. Any breach of confidentiality will be addressed promptly and may result in disciplinary action. We are committed to protecting the privacy and trust of all individuals involved in the league.